



MedXPress Prep Checklist

Everything to gather before you fill out FAA Form 8500-8 - Pilot Medical Guardian

Item 17 - Medications you currently use

List every prescription and nonprescription medication you take. For each:

- ☐ Medication name
- ☐ Dosage and how you take it (all other fields optional)

Item 19 - Visits to health professionals (last 3 years)

For each visit - doctor, PA, NP, psychologist, psychiatrist, chiropractor, clinical social worker, substance-abuse specialist, etc.:

- ☐ Date of visit
- ☐ Provider name, type, and address
- ☐ Reason (treatment, examination, or evaluation)

Item 18 - Medical-history questions: get your explanations ready

This checklist does not tell you what to report - that is governed by the FAA's instructions and your AME. For anything you expect to mark Yes, have ready:

- ☐ Approximate date of diagnosis or occurrence
- ☐ Treating physician's name and contact
- ☐ Related test results, letters, or records
- ☐ Your explanation, checked for consistency against prior cycles

Bring to your AME exam

- ☐ Your MedXPress confirmation number (your AME cannot open your application without it)
- ☐ Valid photo identification
- ☐ Any physical records tied to Item 18 items you'll discuss

Tired of gathering this every cycle?

Pilot Medical Guardian saves it all and autofills MedXPress for you. - pilotmedicalguardian.com